

Here4Hope

Challenging Misconceptions About Mental Health with Tyler Smith

The GrandWay Events Centre
7445 Wellington County Road 21
Elora, ON N0B 1S0

Tuesday, November 7 | 6:30 - 8:30 pm



Keynote Speaker

Tyler Smith

Tyler Smith is one of 13 survivors of the 2018 Humboldt Broncos bus crash. Tyler's courageous journey is not just about physical recovery, but how he needed to challenge his misconceptions about mental health and trauma to fully heal.

He aims to inspire and connect with others using his own experience to further mental health recognition and healing after trauma.

For more information
and/or to register, visit:

Here4Hope.ca



Doors open at 6:30 pm

All are welcome

Free admission

A Partnership of



Canadian Mental
Health Association
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(HERE247)

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