

Here4Hope

A conversation about mental health and suicide in Wellington County

Tuesday, December 3, 6:30-8:30 pm

Centre Wellington Community Sportsplex,
550 Belsyde Ave. E.,
Fergus

Keynote speaker

Cheryl Pounder

**Two-time Olympic Gold Medalist and six-time World
Champion for the Canadian National Women's Hockey Team**

Individuals touched by suicide will share insights in a panel discussion.
Support resources in the community will be featured.



For more information and/or to register, visit:

www.cmhaww.ca/news/here4hope2019

All are welcome.
Free admission.

A Partnership of



Canadian Mental
Health Association
Waterloo Wellington

Association Canadienne
pour la sante-mentale
Waterloo Wellington



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(HERE247)

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